



VIBRATION THERAPY CLASSES



**CHECK WEBSITE FOR PERSONAL
TESTIMONIALS THAT SMOVEY:**

**IMPROVE STRENGTH
IMPROVE COORDINATION
IMPROVE BALANCE
IMPROVE MOBILITY
INCREASE CIRCULATION
INCREASE ENERGY
INCREASE FLEXIBILITY
REDUCE INFLAMMATION
AND MUCH MORE + IT'S FUN**

CHECK WEBSITE FOR WEEKLY CLASSES IN:

**WATERFORD • TRAMORE
DUNGARVAN • KILMACTHOMAS
NEW ROSS • SLIEVERUE
MOONCOIN**



WWW.SMOVEYHEALTH.COM



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SmoveyMED is a health & wellness tool that is endorsed by neurologists & medical doctors to improve quality of life

"Since using Smovey, I'm so much more mobile & don't have Arthritis pain anymore. I'm 100% convinced it's the result since I started with Smovey"

Roseleen O Neill – Secretary Tramore I.C.A

"Vibration Therapy has so many overall health benefits and I would recommend for everybody to reduce Inflammation in the body"

Dr. Philip Mc Millian – Authority in Dementia

FREE CLASS WITH THIS FLYER

Just pop along to any class for FREE
Only one free class per person
Can use flyer that is printed on line

Email **admin@smoveyhealth.com** to confirm place or **TEXT 085 8525766** to confirm place



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